

Day	Meal	Main course	Veggie main course	Sides	Dessert
Monday	lunch	Pork and chorizo casserole	Veggie chorizo casserole	Gnocchi, butternut, broccoli	Apple crumble
Monday	dinner	Fried chicken	Fried quorn	Chips, coleslaw, baked beans	Fruit, yoghurts
Tuesday	lunch	Smoked salmon or chicken pasta with chilli cream sauce	Garlic mushroom and roasted pepper pasta	Mixed green vegetables	Fresh fruit salad, yoghurts
Tuesday	dinner	Pheasant Chasseur with bacon, red wine and baby onions	Roast celeriac with mushrooms and lentils	Roast garlic mashed potatoes, tenderstem broccoli, spring greens	Treacle sponge with vanilla custard
Wednesday	lunch	Lasagne with mozzarella	Butternut and sunblush tomato lasagne	Runner beans, sauteed cabbage	Fruit, yoghurts
Wednesday	dinner	Korean night - pork belly hirata buns with assorted pickles, beef kalbijjim with radish, shiitake and carrot, pajeon seafood and vegetable pancakes		Veggie - tofu hirata, mushroom kalbijjim, veggie pancake	Kkwabaegi (Korean doughnuts)
Thursday	lunch	Wild boar and apple sausages with red wine sauce	Parsnip, mustard and apple fritters with red wine sauce	Parmesan polenta, mixed vegetables	Fruit, yoghurts
Thursday	dinner	Roast leg of lamb with redcurrant jus	Falafel, caramelised onion and spinach stack with mini ratatouille	Dauphinoise potatoes, green beans, roast roots	Chocolate brownie and ice cream
Friday	lunch	Smoked haddock burgers with ketchup and tartare sauce, salmon en croute with white wine sauce, breaded haddock			