

BRUERN ABBEY SCHOOL

Day	Main course	Veggie main course	Sides	Dessert
Monday	Chicken Makhani	Veggie Makhani	Basmati rice, broccoli, sugar snaps	Sponge cake and custard
Monday	Bangers and mash	Veggie sausages and mash	Peas and onion gravy	Fruit, yoghurts
Tuesday	Roast gammon, mixed bean casserole with cheesy cobbler	Parsnip and apple fritters with mixed bean casserole	Roast carrots, cabbage	Fruit, yoghurts
Tuesday	Salmon fillets with mussel, girolle and saffron sauce, rouille toasts and watercress	Roast red peppers stuffed with saffron and girolle mushroom risotto and Parmesan crisps	Roast new potatoes with bacon and baby onions, tenderstem broccoli, roast butternut	Profiteroles with berries and whipped cream
Wednesday	Beef and chorizo lasagne	Grilled aubergine and red pepper lasagne	Sauteed leeks, sweetcorn	Fruit, yoghurts
Wednesday	Cheeseburgers, Buffalo wings with ranch dressing	Veggie burgers, Buffalo halloumi with ranch dressing	Coleslaw, avocado and green bean salad	Ice creams
Thursday	Roast chicken with chilli cream and spring onion pasta	Quorn pasta al Fredo	Mixed vegetables	Fruit, yoghurts
Thursday	Roast leg of lamb, shepherds' pie bon bons in crisp cheesy breadcrumbs	Slow cooked thyme and garlic field mushrooms with lentil shepherds' pie bon bons	Potato and leek gratin, chantenay carrots, curly kale	Chocolate and salted caramel mousse cake
Friday	Breaded plaice // Coquilles Saint-Jacques // Smoked haddock topped with Welsh rarebit and a poached egg		Chips, baked beans, pasta bake	Yoghurts and fruit