

BRUERN ABBAY SCHOOL

Day	Main course	Veggie main course	Sides	Dessert
Monday	Harissa roast chicken with yoghurt and tamarind sauce	Lentil and butternut koftas, yoghurt tamarind sauce	Chick pea and coriander rice, broccoli, cumin carrots braised in olive oil	Vanilla sponge and custard
Monday	Pasta Bolognese	Veggie Bolognese		Fruit and yoghurts
Tuesday	Lamb and vegetable casserole with herb dumplings	Veggie sausage casserole	Swede mash, peas, roast butternut	Fruit and yoghurts
Tuesday	Normandy style pork fillet and belly with cider, cream and mustard sauce	Root vegetable and pumpkin seed bake	Buttered baby potatoes, leeks, tenderstem broccoli	Jam doughnut bread and butter pudding
Wednesday	Beef or seafood coconut curry	Vegetable and coconut curry	Sticky rice, spring greens, sugar snaps	Fruit and yoghurts
Wednesday	Mexican Night - nachos with all the toppings, build-your-own fajitas with pork or chicken	Veggie fajitas	Frijoles topped with cheese and sour cream, corn and pepper salad, guacamole	Cinnamon churros (Mexican doughnuts) with chocolate sauce
Thursday	Roast turkey with herby sausage stuffing and gravy	Quorn and veggie sausage Wellington	Roast new potatoes, mixed vegetables	Fruit and yoghurts
Thursday	Catalan style lamb shoulder with salsa jurvert	Peppers with quinoa, flat mushrooms and sunflower seeds	Chorizo-infused patatas bravas with smokey tomato sauce, green beans, spinach	White chocolate, peach and ginger nut cheesecake
Friday	Breaded haddock // Mussels with bacon and chive cream sauce // Fillet of brill with dashi, octopus gyoza and green apple		Chips and baked beans	Fruit and yoghurts