

# BRUERN ABBAY SCHOOL

Day	Main course	Veggie main course	Sides	Dessert
Monday	Mexican pork Posole	Sweet potato Posole	Rice, broccoli, stir-fried peppers	Marshmallow cookies
Monday	Pasta Bolognese	Veggie Bolognese		Fruit, yoghurts
Tuesday	Beef Stroganoff	Mushroom Stroganoff	Tagliatelle, cabbage, green beans	Fruit, yoghurts
Tuesday	Salmon fillets with mussel and saffron sauce, rouille toasts and watercress	Roast red peppers stuffed with saffron risotto and Parmesan crisps	Roast new potatoes with chorizo, tenderstem broccoli, roast butternut	Crème caramel with roast pineapple and raspberries
Wednesday	Roast gammon	Stuffed aubergine stacks	Potato gratin, runner beans, peas	Fruit, yoghurts
Wednesday	Cheeseburgers, quesadillas, sausages	Veggie burgers, veggie sausage		Ice creams
Thursday	Roast chicken breast	Sweet potato cutlets with artichokes and cannellinis	Pesto pasta, mixed vegetables	Fruit, yoghurts
Thursday	Venison haunch with redcurrant gravy	Lentil and pumpkin seed bake with red wine gravy	Fondant potatoes, asparagus, roast roots with greens	Bruern Mess - meringue, whipped cream, mango, passion fruit and crumbled honeycomb
Friday	Breaded haddock // Salmon and dill fishcakes // Tandoori grey mullet on fresh naan with bhaji onions and yoghurt dressing		Chips, mushy peas and beans	Yoghurts and fruit